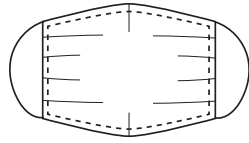
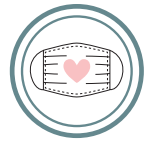


CLOTH FACE MASK PATTERN



BIJOU  LOVELY



1 Million Masks

This mask is designed to be made quickly and with limited materials. Make one or a bunch and donate them to your local hospital or a person in need.

*Please note that this mask is **not** a PPE mask. This is not a medical mask and offers only a minimal physical barrier. No medical claims are being made with regard to its usage.*

MATERIALS

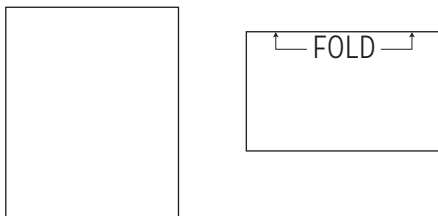
- 1 Fat Quarter (18x21") of quilting cotton fabric will make 2 masks
- 1/4" flat elastic (28" length for 2 masks) OR 2.5 yds of cotton twine/twill tape/ribbon/etc.
- Polyester thread

CUTTING INSTRUCTIONS (for 1 mask)

Cut one 10" x 12" piece of quilting cotton fabric
Cut two 7" pieces of elastic OR four 20" pieces of string

ASSEMBLY INSTRUCTIONS

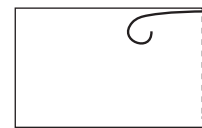
1. Fold fabric in half, right sides together, matching the two short sides (10" sides) of the fabric.



2a. *IF USING ELASTIC:* Place one end of the elastic in the top left corner along the fold of the fabric between the two layers. Pin or hold in place. Using a 1/2" seam allowance, sew along the left short side of the fabric, remembering to backstitch. Stop sewing 1/2" from the bottom left corner and pivot.



2b. *IF USING STRING:* Place one end of the string in the top left corner along the fold of the fabric between the two layers. Pin in place. Place a second string in the lower left corner, 1/2" from the bottom. Using a 1/2" seam allowance, sew along the left short side of the fabric, remembering to backstitch. Stop sewing 1/2" from the bottom left corner and pivot.



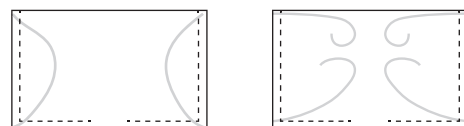
3a. *IF USING ELASTIC:* Reach between the layers and grab the loose end of the elastic and align it to the bottom left corner being careful not to twist the elastic. Pin or hold elastic in place. Continue sewing, securing the elastic in the left corner seam. Keep sewing until approximately 1" from the center and backstitch.



3b. *IF USING STRING:* Continue sewing, securing one end of the string in the left corner seam. Ensure that the remaining length of the string is pulled away from the seam. Keep sewing until approximately 1" from the center and backstitch.



4. Repeat Steps 2 and 3 along the other side of the mask, securing the remaining elastic or string in each corner.

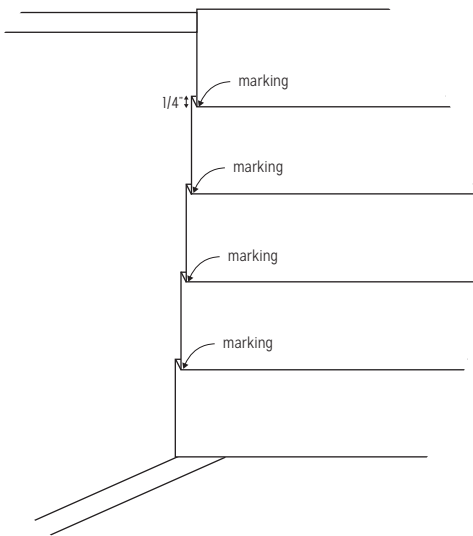


5. Turn the mask right side out through the opening left on the bottom seam. Press.

6. Using a water-soluble pen, starting at the top of the mask, make four marks 1" apart on one short end of the mask (the last mark will be about 1-1/2" from the bottom). Repeat for remaining short end of mask.

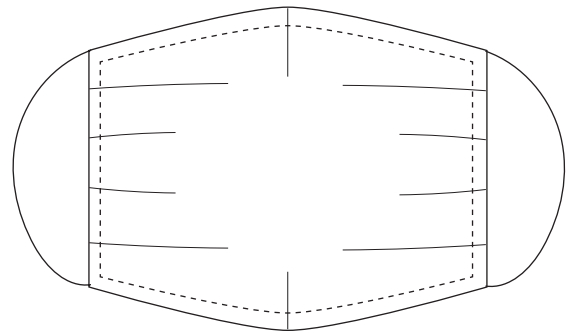
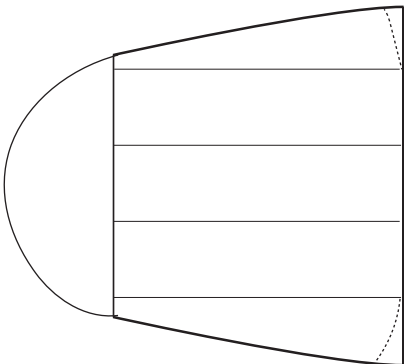


7. Begin topstitching along one short end of the fabric, making a 1/4" pleat at each 1" mark as you go. Continue topstitching along remaining sides. When you reach the other short end of the fabric, fold pleats on every 1" mark again, ensuring the pleats are facing the same direction as the pleats on the opposite side.



8. Topstitch around all edges a second time for durability.

9. Fold mask in half widthwise, right sides together. Make a mark 1/4" from the fold along the top and bottom edge. Make another mark on the fold 1" from the top and bottom edges. Keeping the mask folded in half. Sew a small dart along the center of the fold at the top and bottom of the mask, using the markings as a guide.



GET INVOLVED

Help us make 1 million masks! Donate masks to your local hospital or others in need!

SHARE WITH US!

Share your work by tagging us on Instagram or Facebook (@1millionmasks) and using the hashtag #1millionmasks.

QUESTIONS?

Check out our video tutorial for more clarification on how to make these masks if you're having trouble. Find it on our website at www.1millionmasks.org.